



CHEF'S GOURMET DU JOUR MENU

Just heat and serve

Janssen's Market offers a wide variety of chef-made gourmet-to-go entrées, side dishes and salads, from black bean salad to prime tenderloin and sweet chili tuna to fresh-cut fruit salad. Whether you're having guests for dinner or just dining at home with your family, we've got something to suit every taste. Plus, see inside for a complete gluten-free menu!

Check back daily for the latest in our fresh-made, exceptional fare!

WWW.JANSSENSMARKET.COM
3801 KENNETT PIKE | GREENVILLE, DE 19807 | (302) 654-9941



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Wednesday July 28, 2010

**Please note, menu subject to change*

** Gluten Free*

ENTREES

CHICKEN

Coconut Chicken
Sesame Chicken
Sweet & Sour Chicken
Sun Dried Tomato Chicken
Chicken w/ Cranberry Orange Stuffing
Chicken w/ Spinach, Roasted Red Pepper & Feta*
Chicken Quarters (Honey Lime*)
Chicken Meatloaf
Game Hen (Spicy Asian)

Turkey (w/ Cranberry Pecan Stuffing, Bourbon Glazed)

BEEF

Meatloaf*
Flank Steak (Sesame Tangerine, Sun Dried Tomato, Honey Garlic)
Roasted Tenderloin*

SIDE DISHES

VEGETABLES

Grilled Asparagus*
Balsamic Brussels Sprouts*
Green Bean Almondine*
Eggplant Parmesan
Balsamic Portabella Mushrooms*
Tomato Mozzarella Salad*

RICE/GRAINS

Whole Wheat Tabbouli

SALADS

Chicken Salad (Traditional*, Brandywine, Chateau*, Southwestern)
Rosemary Turkey Salad*
Tuna Salad (Traditional*, Yellow Fin*, No Relish*)
Potato Salad (Traditional*, Sour Cream & Chive*, German, Blue Cheese)
Coleslaw
Macaroni Salad

FRUIT/DESSERTS (Visit our bakery daily for fresh baked cakes, cookies, pies, pastries and much more!)

Fruit Salad
Orange Slices (Rind less)
Apple Sauce

FISH & SEAFOOD

Salmon (Caribbean Jerk*, Grilled*, Lemon Pepper*, Blackened Pan Seared*, Mesquite BBQ Rubbed, BBQ, w/ Spinach Crab Imperial)
Tilapia (Onion & Herb, Spicy Onion & Garlic)
Flounder (Breaded)
Halibut (Garlic Herb Breaded)
Crab Cakes*
Shrimp Eggrolls

PORK

Bone In Pork Chop (Balsamic, Mandarin Orange Sesame Ginger)
BBQ Ribs

Miscellaneous

Crab Wontons
Shrimp Egg Rolls
Spinach Lasagna Roll-Ups

POTATOES

Twice Baked Potatoes
Plain Mashed Potatoes*
Garlic Mashed Potatoes*
Roasted Fingerling Potatoes*
Maple Whipped Yams*

PASTA

Sun Dried Tomato Linguini
Greek Orzo
Penne Arugula
Mushroom Risotto

Egg Salad*

Tortellini Pasta Salad
White or Black Bean Salad*
Beet Salad*
Cucumber & Tomato Salad*
Traditional Seafood Salad
Lobster, Shrimp & Crab Salad

Bread Pudding
Rice Pudding
Chocolate or Tapioca Pudding