



CHEF'S GOURMET DU JOUR MENU

Just heat and serve

Janssen's Market offers a wide variety of chef-made gourmet-to-go entrées, side dishes and salads, from black bean salad to prime tenderloin and sweet chili tuna to fresh-cut fruit salad. Whether you're having guests for dinner or just dining at home with your family, we've got something to suit every taste. Plus, see inside for a complete gluten-free menu!

Check back daily for the latest in our fresh-made, exceptional fare!

WWW.JANSSENSMARKET.COM
3801 KENNETT PIKE | GREENVILLE, DE 19807 | (302) 654-9941



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Monday March 8, 2010

**Please note, menu subject to change*

** Gluten Free*

ENTREES

CHICKEN

Sesame Chicken
Southwest Chicken
Thai Cilantro Chicken
Chicken Cordon Bleu
Jerked Chicken
Moroccan Chicken*
Chicken w/ Bruschetta*
Chicken w/ Spinach Roasted Red Pepper & Mozzarella*
Chicken w/ Spinach, Sun Dried Tomato, Olives & Mozzarella*
Chicken Pot Pie
Chicken Sheppard's Pie
Chicken Pot Pie
Chicken Meatloaf

Turkey Breast (Moroccan*)
Turkey Meat Loaf

PORK

Bone Less Pork Chop (Sun Dried Tomato, Sweet & Sour)
Bone Ion Pork Chop (Honey Curry w/ Lime)
Pork Loin (w/ Spinach, Peppers, Onion & Monterey Jack)

FISH & SEAFOOD

Salmon (Pan Seared* , w/ Crab Imperial*)
Mahi Mahi (w/ Tropical Fruit Salsa)
Ahi Tuna Steak (Oriental Sesame)
Scallops (Fajita*)
Crab Cakes *
Salmon Cakes
Paella Cous Cous

BEEF

Meat Loaf*
Mini Cheddar & Bacon Meat Loaf
Mini BBQ Meat Loaf
Flank Steak (White Wine & Garlic* , Southwest*)
Roasted Tenderloin
Tenderloin w/ Spinach, Sun Dried Tomato, Olives & Mozzarella*

Miscellaneous

Stuffed Shells

SIDE DISHES

VEGETABLES

Grilled Asparagus*
Grilled White Asparagus*
Roasted Butternut Squash*
Parmesan & Garlic Broccoli & Cauliflower*
Honey Glazed Carrots*
Eggplant Parmesan
Sugar Snap Pea Medley*
Spinach Cakes
Vegetable Cakes
Zucchini w Ricotta, Cheddar & Mozzarella

RICE/GRAINS

Wild Rice Pilaf*
Paella Cous Cous
Wheatberry Salad

SALADS

Chicken Salad (Traditional* , Brandywine, Chateau* , Southwestern,)
Rosemary Turkey Salad*
Tuna Salad (Traditional* , Yellow Fin* or No Relish*)
Potato Salad (Traditional* , Sour Cream & Chive* , German or Blue Cheese)
Coleslaw

POTATOES

Twice Baked Potatoes
Parmesan Potato Cakes
Potato Cakes
Roasted Potato Medley*
Maple Whipped Yams*

PASTA

Greek Orzo
Penne Arugula
Mediterranean Riso
Sesame Noodles
Sun Dried Tomato Linguine

Egg Salad*
Tortellini Pasta Salad
White or Black Bean Salad*
Beet Salad*
Cucumber & Tomato Salad*
Traditional Seafood Salad